

## FREQUENTLY ASKED QUESTIONS

Esana Plastic Surgery Center and MedSpa provides clinical skin care and body enhancement that includes prevention, maintenance and treatment. Our technology and education allows us to achieve beautiful results. We hope you feel at ease about your experience. To help, we've compiled the answers to some frequently asked questions. So relax and enjoy.

### WHO WE ARE

Esana MedSpa is overseen by Medical Directors Dr. Deborah Pan and Dr. Javier Davila; both are board-certified Plastic Surgeons. The staff is comprised of professionally trained and certified medical and aesthetic specialists.

### ARRIVAL

Arrive approximately 15 minutes before your appointment. This will give you some time to settle in and complete any necessary forms. Esana MedSpa clients enjoy prompt appointments, so treatments begin and end on time.

### CLOTHING

Depending on the type of service, there may not be a need to disrobe. Our professional staff respects your privacy and wants you to feel comfortable.

### PHYSICAL CONCERNS

Concerns relating to pregnancy, impaired mobility, allergies, recent surgery or medical conditions should be discussed with our physician or providers prior to your visit.

### SHHH

We respectfully request cell phones and PDAs be turned off. It is for your peace of mind as well as those around you. As a courtesy to our guests, we ask that children not be brought to the MedSpa. The minimum age for spa services is sixteen.

### APPOINTMENT AND CANCELLATION

Please book appointments two weeks in advance when possible. We request that appointments be held with a credit card, gift card or pre-paid credit. We require a 24 hour notice for date change or cancellation. A \$25 fee will be charged if you cancel after this time period. No-shows are charged \$50.

### GIFT CARDS

Available in various denominations, instantly on-line or at our location.

### PARKING

Metered street parking is widely available on Audubon and State Streets. Meters take quarters, nickels, and dimes. Please bring adequate funds for your full appointment time.

3.2011 Pricing subject to change without notice.

# ESANA

Plastic Surgery Center and MedSpa  
Menu

One Audubon Street, Suite 201  
New Haven, CT 06511  
Tel: 203.562.7662  
Right off Routes 91 and 95 - Corner of  
State & Audubon - Above Carmen Anthony's  
Conveniently located close to the New Haven  
Green and adjacent to the State Street Station

[www.EsanaMedSpa.com](http://www.EsanaMedSpa.com)  
[www.DrDeborahPan.com](http://www.DrDeborahPan.com)

**Failure to cancel appointments with at least  
24 hours notice is subject to a \$50 no-show fee.**



## MENU OF MEDSPA TREATMENTS

### **BOTOX® COSMETIC/ DYSPORE®**

BOTOX® Cosmetic and Dysport® are approved by the FDA to treat lines between the eyebrows caused by squinting and frowning. It is also commonly used to soften the lines on your forehead, and crow's feet around the eyes. Both are safe and require no down time. The benefits typically last about three to four months.

### **RESTYLANE® / PERLANE® / JUVÉDERM® / RADIESSE® / SCULPTRA®**

If you are bothered by fine lines and wrinkles, natural dermal fillers may be the right treatment for you. With age, many experience a depletion of collagen in the skin and consequently a loss of volume. The results are immediate and last six months to two years. Your physician will help you determine which filler is appropriate for you.

### **IPL SPIDER VEIN THERAPY**

Approximately 50% to 60% of men and women worldwide have unsightly leg and facial veins. Our laser system can provide a safe and effective method of treatment for a wide range of leg and facial veins and requires no injections. In most cases, adequate treatment may require more than one session.

### **LASER HAIR REMOVAL**

We employ the Lumenis Light Sheer™ Diode laser to safely and effectively reduce unwanted hair for carefree, smooth skin. A series of five to nine treatments is usually sufficient for most skin types. Ideal candidates have dark hair with lighter skin tones. Over time, laser treatments become less costly than waxing and minimize the problem of ingrown hairs and razor bumps.

### **IPL PHOTO FACIAL TREATMENTS**

Achieve optimal results with our Intense Pulsed Light Technology which reverses the signs of sun damage. Reduce sun spots or age spots and uneven skin tone caused by chronic sun exposure. It can also effectively treat small vessels in the face and improve the appearance of rosacea.

### **ULTHERAPY SKIN TIGHTENING**

Ultherapy lifts, tightens, and tones loose skin to counteract the effects of time and gravity on the neck, mid-face, and forehead. This 45 to 60 minute procedure uses ultrasound to stimulate your body's own healing response to gently, gradually, and reliably restore elasticity to the skin and underlying tissue. Ultherapy requires no special recuperation and typically only takes one treatment to get a meaningful response. Most enjoy some initial effect immediately following the procedure, but ultimate lifting will take place over 2-3 months, as tired collagen is rejuvenated and supplemented with new, stronger collagen. For the first time, Ultherapy offers a 'no down-time' method to tighten lax skin.

### **FACIALS/GENTLEMEN'S FACIALS/ACNE FACIALS/BACK FACIALS**

This treatment includes steam, extracting clogged pores and a medical grade alpha hydroxyacid followed by a relaxing mask. It targets a variety of skin disorders including aging skin, sun damage and Rosacea. For men, this treatment prevents ingrown hairs and razor burn.

### **CHEMICAL PEELS**

A wide range of chemical peels are available to target a variety of skin issues. Using lactic acid, alpha hydroxy acid, retinoic acid, and other ingredients, these peels can target problems ranging from acne and fine lines to blotchy pigmentation and sun damage. Our aesthetic staff can determine which peel is right for you. Depending on the type of peel, some downtime may be required.

### **MICRODERMABRASION/MICRODERMABRASION PLUS**

A skin renewal process using mechanical means to stimulate production of healthy skin cells and collagen. Improves skin tone and texture while reducing fine lines and wrinkles. The microdermabrasion plus adds the additional exfoliation of a chemical peel for a deeper treatment resulting in maximal effects with little to no downtime.



# PRICE LIST

## MEDSPA TREATMENTS (all physician-administered)

BOTOX® Cosmetic/ Dysport® 1 Area \$400 / 2 Areas \$700 / 3 Areas \$850

### Injectable Fillers

Restylane-L®	\$600 (1 ml)	\$400 (touch-up 0.5 ml)
Perlane®	\$675 (1 ml)	
Juvéderm XC®	\$650 (0.8 ml)	
Radiesse®	\$775 (1.5 ml)	\$550 (0.8 ml)
Sculptra®	one vial \$900	series of 3 \$2500

### Ultherapy - Ultrasound Skin Tightening

neck: \$1000 / midface: \$1500 / forehead: \$1000 / all three areas: \$3000

## PERSONALIZED SKIN CARE

Personalized skin care analysis \$25  
(fee applicable towards product or service purchases)

Clinical Facial/Gentlemen's Facial/Acne Facial \$80 single/\$400 series of 6

Back facial \$80 half back/\$120 full back

Vivite Peel \$100/\$500 series of 6

MicroPeel/MicroPeel Plus \$110 single/\$550 series of 6

Vitalize Peel/Illuminize peel \$165 single/\$495 series of 3/\$825 series of 6

Rejuvenize Peel \$195 single/\$565 series of 3

Microdermabrasion \$140 single/\$700 series of 6

Microdermabrasion Plus \$180 single/\$900 series of 6

### Advanced Skin Care Packages

Upon complete evaluation and recommendation of our Medical Aesthetician these additional series would be available:

Acne Facial/MicroPeel Plus \$465 Series of 6

Microdermabrasion/MicroPeel/MicroPeel Plus \$625 Series of 6

Microdermabrasion/Clinical Facial \$550 Series of 6

Makeup Application with Jane Iredale Cosmetics \$50

Packages must be paid in full to receive package pricing and any promotional skin care products.

Speak with your Medical Aesthetician about our home care solutions to enhance your treatments and increase the level of effectiveness.

## LASER HAIR REMOVAL

	Single	Series of 5
Traditional Bikini	\$325	\$1,300
Full Bikini	\$450	\$1,800
Under Arms	\$250	\$1,000
Upper or Lower Legs	\$525	\$2,100
Full Legs	\$750	\$3,000
Hands or Feet	\$275	\$1,100
Forearms or Upper Arm	\$375	\$1,500
Upper Lip	\$175	\$700
Chin	\$175	\$700
Sideburns or Cheeks	\$175	\$700
Full Face	\$450	\$1,800
Neck Front or Back (Women)	\$250	\$1,000
Neck front or back (Men)	\$400	\$1,600
Upper or Lower Back (Men)	\$450	\$1,800
Abdomen or Shoulders (Men)	\$350	\$1,400
Chest (Men)	\$500	\$2,000
Chest and Abdomen (Men)	\$750	\$3,000
Full Back (Men)	\$700	\$2,800
Buttocks	\$400	\$1,600
Breasts	\$200	\$800

## IPL PHOTO FACIAL TREATMENTS

	Series of 3	Series of 6
Face	\$1,125	\$1,950
Neck	\$1,125	\$1,950
Décolleté	\$1,125	\$1,950
Face, Neck & Décolleté	\$2,000	\$3,500
Hands	\$850	\$1,150
Full Arms	\$1,550	\$2,800
Lower Legs	\$1,400	\$2,550

IPL Spider Vein Therapy	\$400/Two 15 min. sessions \$750/Two 30 min. sessions
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## ESANA DIAMOND MAINTENANCE PACKAGE \$1950

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Esana MedSpa 203.562.7662